

Curriculum Vitae



Name: Morteza Mojahedi

Gender: male

Marital status: married

Date of birth: 12 June 1973

Place of Birth: Shahreza-Esfahan. Iran.

Nationality: Iranian

Languages: Persian, English

Academic Rank: Assistant Professor

Affiliation: 1- Traditional Medicine and History of Medical Sciences Research Center, Health Research Institute, Babol University of Medical Sciences, Babol, Iran. (Dean)

2 - Department of History of Medicine, School of Persian Medicine, Babol University of Medical sciences, Babol, Iran. (Head)

3- Department of Persian Medicine, School of Persian Medicine, Babol University of Medical sciences, Babol, Iran.

Cell phone +98-912-8155065

Tel/ fax: +98-11-32194728

Email: mortazamojahedy@gmail.com ; mortazamojahedy@bums.ac.ir

Address: Traditional Medicine and History of Medical Sciences Research Center, Health Research Institute, Babol University of Medical Sciences, Ganjafrooz street, Babol, Iran.

Professional qualifications:

- MD from Kashan University of Medical Sciences, Kashan, Iran in 2000.
- Ph.D in Persian(Unani) Medicine of Shahed University, Tehran, Iran in 2014.

Awards and Honors

1. Top Postgraduate(PhD) student, Shahed University, Tehran, Iran, 2014.
2. Top Persian Medicine Researcher, Traditional Medicine office of ministry of health, Tehran, Iran, 2016.
3. Top professor, Babol University of Medical sciences , Babol, Iran, 2018.

Positions:

1. Dean of Traditional Medicine and History of Medical Science Research Center, Babol University of Medical sciences. (2015 -present)
2. Head of Department of History of Medicine, Faculty of Persian Medicine, Babol University of Medical sciences. (2015 -present)
3. Member of Department of Persian Medicine, Faculty of Persian Medicine, Babol University of Medical sciences. (2015 -present)
4. Member of Iranian Scientific Association of Persian Medicine. (2014-present)
5. Member of Research Committee, Office of Traditional Medicine, Ministry of Health, I.R.Iran (2014-present)
6. Head of Clinical Guidelines Compilation Council in Persian Medicine, Office of Traditional Medicine, Ministry of Health, I.R.Iran (2018-present).

Research Interests:

1. Persian(Unani) Medicine
2. Psychometric and Clinometric Studies of Diagnostic indices in Persian(Unani) Medicine
3. Mizaj Diagnostic indices
4. Persian(Unani) Medicine Questionnaire
5. History of Medicine
6. Leech therapy

Teaching Courses

1. Mizaj Diagnostic indices
2. Psychometric Researches in Persian Medicine
3. History of Medicine
4. Islam and Iran's culture and civilization

Projects:

1. Design and validation of the self-reported Mizaj (temperament) questionnaire in middle-aged Iranian people. (Ph.D Thesis)
2. Reliability and validity assessment of the Mojahedi Mizaj questionnaire in 20-60 year-old people in Babol.
3. Assessment of agreement in mizaj identification of 18-30 years healthy volunteers between Persian Medicine practitioners.
4. Determination of weight of each 10 items of Mizaj assessment in the young between 20 -30 in the viewpoints of Persian Medicine practitioners.
5. The assessment of Mizaj identification method by Experts of Persian medicine: a Delphi method study.
6. Physicians of Tabarestan after Islam up to 10th century.(Master's Thesis)
7. Relevancy of Mizaj and its diagnostic indices in Persian medicine
8. Relevancy assessment between Anthropometric indices and Mizaj (Temperament) in Persian Medicine
9. Research priorities in Traditional Iranian Medicine.
10. Design and validation of the self-reported Mizaj questionnaire for seniors over 60 years old(Ph.D Thesis).
11. Evaluation of some hormonal and biochemical factors in Warm and Cold Mizaj Individuals.
12. Clarify the Tongue diagnostic indices in Persian Medicine(PM) and tongue diagnostic models extraction based on PM expert agreement(a Delphi Method Research) (Ph.D Thesis).
13. Association between Mizaj (temperament) and threshold of hearing in students and employees aged 20-40 years old in Babol University of Medical Sciences.
14. Comparison of the effect of Nardostachys jatamansi DC extract with Domperidone on clinical symptoms of functional dyspepcia /postprandial distress syndrome. (Ph.D Thesis)
15. Development and the clinometric properties of a diagnostic tool for wet & dry temperament (mizaj) of stomach in Persian Medicine. (Ph.D thesis)
16. Development and clinometric of diagnostic tool of cold and warm temperament of stomach in Persian Medicine. (Ph.D thesis)
17. Development and clinometric of diagnostic tool of warm and cold temperament (mizaj) of liver in Persian Medicine. (Ph.D thesis)
18. Development and clinometric of diagnostic tool of wet and dry temperament (mizaj) of liver in Persian Medicine. (Ph.D thesis)
19. design and clinometric evaluation of a diagnostic tool for warm and cold temperament (mizaj) of uterus in Persian Medicine. (Ph.D thesis)
20. 6-Design and Validation of Diagnostic Protocol of Melancholic Distemperament(Su-e-Mizaj-e-sudavi) (Ph.D Thesis)

Published Articles:

English

1. Reliability and Validity Assessment of Mizaj Questionnaire: A Novel Self-report Scale in Iranian Traditional Medicine in Iran Red Crescent Med J. 2014.
2. An Assessment of the Agreement between Persian Medicine Experts on Mizaj Identification. Traditional and Integrative Medicine. 2017.

3. The Emergence of *Fritillaria imperialis* in Written References of Traditional Persian Medicine: a Historical Review. *Herbal Medicines Journal*. 2017.
4. Breathe holding as a specific type of breathing training from the viewpoint of Avicenna. Letter to The Editor. *Polish Archives of Internal Medicine*. 2017.
5. An Assessment of the Correlation between Happiness and Mizaj (Temperament) of University Students in Persian Medicine. *Iran Red Crescent Med J*. 2017.
6. Extended honeymoon period in a type 1 diabetic child by Iranian traditional medicine. *Primary Care Diabetes*. 2017
7. The Relationship of Cold and Hot Temperaments with Sexual Function among Women of Reproductive Age. *Journal of midwifery & reproductive Health*. 2018
8. Appetite Reducing Herbal Drugs from the Perspective of Avicenna and Aghili in Iranian Traditional Medicine (Persian medicine). *Current Drug Discovery Technologies*. 2018
9. Sinusitis and the related remedies in Persian Medicin. *Indian Journal of Traditional Knowledge*. 2018
10. Assessment the studies on the concept of Mizaj(temperament) in Persian Medicine. *Complementary and integrative Medicine*. 2019
11. Progresses and challenges in the traditional medicine information system A systematic review. *Journal of Pharmacy & Pharmacognosy Research*. 2019
12. The effect of educational package on sexual function in cold temperament women of reproductive age. *Journal of Education and Health Promotion*. 2019
13. Water Intake from the Points of View of Rhazes and Avicenna. *Complementary Medicine Research*. 2019
14. The Viewpoint of Iranian Traditional Medicine (Persian Medicine) On Obesity And Its Treatment Methods. *Indo American Journal of pharmaceutical Sciences*. 2019
15. Approach to "Belching Disorder": Avicenna's Point of View in Comparison with Modern Medicine—A Review. *Crescent Journal of Medical and Biological Sciences*. 2019
16. Relationship of hotness or coldness of mizaj based on Persian Medicine viewpoints, with paraclinic factors. *Journal of Research In Medical Sciences*. 2019

Persian

17. Introduction Of Natural Medicinal Materia Effective In Treatment Of Constipation In Persian Traditional Medicine, *Medical History*. 2012
18. Explanation the definition of constipation and compare its different causes in Iranian traditional medicine and modern medicine. *Journal of Islamic and Iranian Traditional Medicine* Vol. 3, No. 2; 2012
19. Oxydels (Sekanjabin) in Persian Medicine: Kinds and Applications. *Journal of Islamic and Iranian Traditional Medicine* Vol. 6, No.2; 2015
20. Comparison between the "Theory of Arkan" (Four Elements) in Traditional Persian Medicine and the "Theory of Five Elements" in Traditional Chinese Medicine, *Journal of Research on History of Medicine*, (2015)
21. A Review on Identification Mizaj (Temperament) Indices in Iranian Traditional Medicine (ITM), *History of Medicine Journal (Quarterly)*, 2012, 4(12). 2016/11/30
22. Effective medical plants extracts on bloating in traditional Persian medicine, *History of Medicine Journal (Quarterly)*, 2016, 8(27)
23. Research Priorities in Traditional Persian Medicine, *Journal of Research on History of Medicine*, Vol 5, No 2 (2016)

24. Effect of Aerobic Exercise Program on Premenstrual Syndrome in Women
25. of Hot and Cold Temperaments. 2016
26. The relationship between warm and cold temperament with symptoms of premenstrual syndrome. 2016
27. Role of Anthropometric Dimensions of Human Body in Identifying Temperament in Traditional Persian Medicine. J Babol Univ Med Sci; 18(7); 2016
28. The significance of tongue in traditional persian medicine. Journal of Babol University of Medical Sciences. Volume 18, Issue 8, 2016, Pages 73-79)
29. Herbs from Iranian Traditional Medicine for Reinforcement of Kidney and Prevention of Renal Atrophy
30. The Vegetation Place of Human and Animals from the Perspective of the Mythology of Creation in Ancient Persia. Journal of Research on History of Medicine, Volume:7 Issue:4, 2018
31. The Review of Indices of Mizaj-e-Damagh (Temperament of Brain) Identification in Persian Medicine. J Babol Univ Med Sci Vol 18, Issu 11; Nov 2016. P:71-79
32. Toward Uniforming the Frequent Vocabulary of Basic Principles in Persian Medicine. 2018
33. A Review of the Indices of Mizaj-e-Meda (Temperament of Stomach) identification in Persian Medicine. J Babol Univ Med Sci; 20(7); July 2018; PP: 63-70

Presentations (Only presentation in English)

- An Assessment of Correlation between Happiness and Mizaj (Temperament). The International conference of Unani medicine: Re-visiting ilm ul Jarahat(Surgery). 2017
- A review of expert consensus among traditional Iranian medicine specialists on temperament determination. Avicenna Journal of Phytomedicine Mashhad 2015

Reviewer of Journals

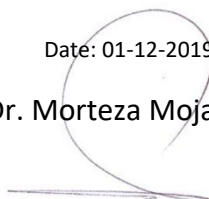
- Caspian journal of Internal Medicine
- Babol University of Medical science
- Shahid Beheshti University of Medical Science

Books

- Principles of Scale Development in Health Science- 2017
- Menstruation disorders-alternative treatment- 2017
- An Investigation on “Tebolaemmeh Book” of Bastaam’s boys-2017
- Correlation Between Religious Sciences and Health- Edited by Morteza Mojahedi- 2017

Date: 01-12-2019

Dr. Morteza Mojahedi



Documents: Available upon request.